

Sussex Cricket is looking for a passionate and professional Pathway Physical Development Coach, who is looking to develop themselves and progress their career. The successful candidate will be excited about youth athletic development and produce future Sussex Cricketers. The overall purpose of this role is to lead and deliver athletic development to the Sussex County Talent Pathway.

**Salary:** £25,000 – 28,000 per annum.

#### **Sussex Cricket Values**

Selflessness Honesty Accessibility Respect Enjoyment Drive

### **Equal Opportunities**

Sussex Cricket is committed to improving the diversity of our workforce. We welcome applicants from all walks of life and backgrounds who can bring diversity of thought and experience to the Club.

Sussex Cricket is committed to ensuring that all applicants do not receive less favourable treatment or are discriminated against, on the grounds of their age; disability; gender; marriage and civil partnership; pregnancy or maternity; race; religion or belief; sex or sexual orientation.

#### **Safeguarding**

Sussex Cricket is committed to safeguarding- protecting children, young people and vulnerable adults. As such, all coaching posts are subject to a process of vetting with the need for up-to-date DBS checks and the seeking of references.

To apply for this role, please send a CV and cover letter outlining how you meet the skills and successful track record required for this role to: **sam.holder@sussexcricket.co.uk** 

Applicants must have the Right to Work in the UK.

Interviews to take place on Thursday 14 November at The 1st Central County Ground, Hove.





Job Title: Pathway Physical Development Coach

**Hours:** Full-time with a requirement to work during evenings and weekends

**Contract:** Permanent, full-time

**Location:** The 1<sup>st</sup> Central County Ground, Hove with travel to away matches as per

the cricket schedule

#### **Role Purpose**

The overall purpose of this role is to lead and deliver athletic development to the Sussex County Talent Pathway (County Age Group, Emerging Player Pathway (EPP) & Academy – c.80%), aligned with the athletic performance strategy, meeting the needs of the professional game. The secondary aim of the role is to assist the Lead Physical Performance Coach in delivery to the professional players (c.20%).

### **Key Accountabilities**

- Work as part of a Pathway interdisciplinary team physiotherapist, nutritionist & sports psychologist
- In conjunction with the Lead Physical Performance Coach and Academy Physiotherapist, work towards developing a robust pathway system that supports the Sussex Cricket strategy and frameworks to operate within.
- Profile and monitor individual athletic development areas across the year and provide individualised programs
- Report athlete progress at relevant time points
- Monitor growth and maturation and plan and deliver maturation appropriate physical development
- Monitor training and bowling workloads for all Academy and EPP bowlers
- Support the continuing professional development of pathway coaches by increasing knowledge of basic principles of athletic development and nutrition
- Provide support to Pro squad at request of Lead Physical Performance Coach or Director of Cricket
- To undertake appropriate continued professional development





# **Key Relationships**

- Lead Physical Performance Coach
- Academy Director
- Pathway Manager
- Physiotherapists
- Pathway coaches
- Pro staff coaches

## **Essential/Desirable Criteria**

1. Qualifications	
	Undergraduate degree in Strength & Conditioning or similar (essential) Masters degree in Strength & Conditioning or similar(desirable) UKSCA accreditation or the ability to obtain in 6 months
2. Experience	e
	2 years experience in high level S&C (essential) Experience working with youth athletes (desirable) Experience working in professional sport (desirable)
3. Skills & Kn	owledge
	Good Microsoft Office applications Knowledge of AMS systems
4. Personal Qualities	
	<ul> <li>Great communication skills</li> <li>Positive &amp; personable</li> <li>Adaptable, collaborative and willing to learn</li> <li>Proactive approach to work, and willing to work evenings and weekends</li> <li>Informed decision maker</li> <li>Passionate in developing youth athletes physical characteristics and as young people.</li> </ul>

