



## Physiotherapist

Sussex Cricket is looking for a passionate and professional Physiotherapist, who is looking to develop themselves and progress their career. The successful candidate will be excited about youth athletic development and produce future Sussex Cricketers. The overall purpose of this role is to deliver Physiotherapy services which effectively meet the needs of players and coaches at the highest professional standard.

The successful candidate will have a degree in physiotherapy, have current registration with the Health and Care Professions Council (HCPC) and a current member of the Chartered Society of Physiotherapists (CSP). They will also have a minimum of two years post graduate experience in the provision of musculoskeletal physiotherapy services Advanced Trauma Management and emergency care accreditation – or willing to work towards this.

Ideally the candidate will also have experience working in elite level sport, including the provision of physiotherapy services to high performance teams. Previous experience of working in Cricket would be desirable, but not essential.

### Salary

£28,000 - £35,000 per annum, depending on experience.

### Equal Opportunities

Sussex Cricket is committed to improving the diversity of our workforce. We welcome applicants from all walks of life and backgrounds who can bring diversity of thought and experience to the Club.

Sussex Cricket is committed to ensuring that all applicants do not receive less favourable treatment or are discriminated against, on the grounds of their age; disability; gender; marriage and civil partnership; pregnancy or maternity; race; religion or belief; sex or sexual orientation.

### Safeguarding

Sussex Cricket is committed to safeguarding- protecting children, young people and vulnerable adults. As such, all coaching posts are subject to a process of vetting with the need for up-to-date DBS checks and the seeking of references.

To apply for this role, please send a CV and cover letter outlining how you meet the skills and successful track record required for this role to: [sam.holder@sussexcricket.co.uk](mailto:sam.holder@sussexcricket.co.uk)

Applicants must have the Right to Work in the UK.

### Closing Date

Friday 17<sup>th</sup> January 2025

Please note that applications received after this time will not be considered.



No agencies thank you.

## Job Description

<b>Job Title:</b>	Physiotherapist
<b>Reports to:</b>	Head of Sports Science and Medicine (SS&M)
<b>Location:</b>	The 1st Central County Ground, Hove with travel to outgrounds and away matches
<b>Contract:</b>	Permanent, full-time with the requirement to work some evenings and weekends, particularly during the cricket season

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### Job Purpose

- To deliver Physiotherapy services which effectively meet the needs of players and coaches at the highest professional standard.
- To deliver pitch side physiotherapy cover for all Second XI fixtures, academy fixtures when required and provide cover for First XI fixtures in the absence of the lead physiotherapist.
- Under the supervision of the Head of SS&M, assist in the medical management and rehabilitation of Professional players as required. In conjunction with the Head of SS&M, help manage the medical and rehabilitation needs of Academy players.
- Help support any part-time/casual physiotherapists in the department
- To help ensure smooth running of the County's Physiotherapy Department. This includes effective communication with Physiotherapists, Strength and Conditioning (S&C) coaches, Performance Coaches and the Head of Pathway.
- To help oversee the needs of Academy players to reduce risk of injury and maximise performance.
- Assist the Pathway S&C in providing the necessary support and programmes to maximise the physical potential of Academy players.
- To help improve players' athletic performance through developing, implementing, and evaluating 'best practice' rehabilitation and injury prevention programmes that reflect scientific principles.
- To help create an outstanding training environment for Sussex players from the emerging to full professional level.
- To help monitor, develop and enhance the fitness and well being of all the Sussex squads and Academy.
- To ensure and promote equality of opportunity, respecting diversity and recognising the needs of different groups and individuals.
- In conjunction with the Head of SS&M, S&C's and CMO, help conduct regular medical and musculo-skeletal screening of all professional and academy players.
- Using screening and assessment results, help negotiate and agree challenging and realistic injury prevention programme goals with Academy players every six months.
- Help record all screening and assessment results in full to make available for ECB and County's SS&M Department and Coaching Staff.
- In collaboration with Head of SS&M, S&C coaches, Performance Director/Head Coach



and Head of Pathway, help monitor and review players' workloads regularly.

- Help provide 'under terms and conditions', Physiotherapy support and supervision to England centrally contracted, and England Development Squad players when required. In conjunction with ECB NCC Staff, establish, communicate and monitor 'shared', injury prevention and management programmes for those players.
- Participate in the annual ECB/Physiotherapists in County Cricket meeting and contribute to ongoing CPD and Science and Medicine Congress programmes.
- To understand and carry out regulations as per the Health and Safety at Work Act 1974.
- Ensure regular and appropriate formal and informal Continuous Professional Development (CPD) is applied and recorded to keep abreast of world's best practice.
- Ensure medical notes are written within 24 hours and comply with audit requirements.

## **Key Tasks**

### **Planning and Organising**

- Organise monthly Multi-Disciplinary Team (MDT) meetings with Academy S&C coach, County Academy Director, and performance coaches to discuss all facets of Sports Science related topics.
- In conjunction with S&C coaches, review academy training and pre-habilitation regimes and adjust accordingly to improve overall playing performance for all academy players.
- Ensure Academy players are added to Medical note writing system (Cricket Squad)
- Ensure correct footwear is being used by Academy players.
- Help Head of SS&M maintain physio stock levels by communicating when stock is running low.

### **Administration**

- Record all screening results and associated rehabilitation exercise programmes and make available to players and S&C.
- Record all injuries on ECB Profiler Database.
- Audit at the end of the year injuries and trends associated for Academy players.
- Evaluate end of year injury surveillance Audit to prioritise injury prevention programmes for the following season.
  
- Help record and review Academy players' workload in conjunction with S&C coach. Assist with recording professional players' workloads during games/training sessions when appropriate.
- Analyse Academy screening results and prescribe exercises to each player.
- Attend MDT meetings.
- Ensure medical notes are written and logged within 24hours of assessing or treating any players.
- Leave request forms to be completed and authorised by Head of SS&M for all leave.

### **Standards**

- Maintain high standards of discipline and work ethic to ensure success and the right image for the Club.
- Discipline by example and display a balanced approach



- Ensure that standards are maintained at all levels throughout the professional staff.
- Ensure Equality, Diversity and Inclusion values and principles are maintained.
- Ensure Medical notes are of a high standard.

### **Developmental**

- Continually update knowledge on world's best practice to ensure best possible information available to players.
- Through regular appraisal and self-analysis find opportunities for personal development.

### **Communication**

- Ensure that open and regular communication is a priority at all times especially with the Head of SS&M, S&C coaches, Head of Pathway, Director of Cricket Performance Coaches, in charge of Youth Squads and all support staff.
- Act professionally as an ambassador of Sussex Cricket.

### **Strength and Conditioning Coach**

- Regular communication with S&C department on current fitness of playing staff.
- Set programmes with S&C to achieve full fitness of injured players as soon as possible.
- Review workloads of all academy players on a regular basis.

### **Health & Safety**

- To make sure that you receive information, instruction and training about Health & Safety at work.
- Notify your line manager, Director of Cricket or People Director or of any concerns within your department or throughout the Club.

### **Team Work**

- Work with others in your department to achieve the Club's goals.
- Develop a professional and supportive relationship with science and medicine colleagues as well as support staff from other high-performance and club departments.
- Project a positive image at all times as an ambassador of Sussex Cricket.
- Assist in answering incoming calls to the Club whenever possible.



ADDITIONAL CRITERIA	
<b>1. Qualifications</b>	
	Degree in Physiotherapy Current registration with the Health and Care Professions Council (HCPC) Current member of the Chartered Society of Physiotherapists (CSP)
<b>2. Professional Experience</b>	
	Minimum of two years post graduate experience in the provision of musculoskeletal physiotherapy services Advanced Trauma Management and emergency care accreditation – or willing to work towards
<b>3. Skills &amp; Knowledge</b>	
	<u>Essential Skills &amp; Knowledge</u> Record of continuing professional development Full UK Driving Licence Disclosure and Barring Service (DBS) certificate Excellent communication and relationship-building skills. Excellent communication skills, both written and verbal Excellent knowledge of Microsoft Office Competent IT skills to include experience of: <ul style="list-style-type: none"> <li>• Producing professional, clear written reports in Microsoft Word</li> <li>• Producing and analysing data in Microsoft Excel</li> <li>• Email applications such as Microsoft Outlook</li> </ul> <u>Desired Skills &amp; Knowledge</u> Experience working in elite level sport including the provision of physiotherapy services to high performance teams Previous experience of working in Cricket
<b>4. Personal Qualities/Competencies</b>	
	A team player who can motivate and inspire others to achieve excellence Ability to build and maintain relationships with stakeholders Highly organised approach to work with an attention to detail and accurate output Emotionally intelligent High degree of empathy Ability to work using own initiative and under pressure Resilient Patient Sense of humour Sound independent judgment Experience of working with managers at a senior level Ability to deal with conflicting priorities, often under pressure yet remaining tactful, diplomatic and confidential Proactive approach A professional attitude and appearance Ability to interact with Members and other clients A positive approach and a “can-do” attitude Flexibility with regards to working hours and patterns of working, to include weekend and evening working and a willingness to step outside the role where required A commitment to continuous improvement

