



Cricket Active

Cricket Active is our outreach offer for schools, colleges, day centres, charities and care homes. Our team of qualified coaches will come in and deliver a block of 6-8 cricket sessions for people with learning difficulties and/or physical impairments to help them improve their physical and mental wellbeing. Our coaches deliver three different formats of cricket:

Table Cricket - a table top version of the game suitable for those who are more physically impaired but works equally well with people with learning difficulties. Our Table Cricket offer is funded by Lord's Taverners and those organisations signing up for this format are eligible for entry into the Lord's Taverners National Table Cricket Competition. Click on the following link to see Table Cricket in action - <https://www.youtube.com/watch?v=zS02h5eEjPg>

Sid's Skills Programme - our coaches introduce and develop the main cricket skills (batting, bowling, throwing & catching) with participants over several weeks. The block of sessions conclude with an assessment by the coach and an award of an achievement certificate. Again, this is suitable for both LD/PD students.

Super 9 sessions – this game-based format involves coaches working with participants to develop their cricketing skills through matches played with a softball. This format is more suitable for physically able and sporty students and can be played both indoors and outdoors.

If you have any specific queries or would like to arrange a block of Cricket Active sessions, please contact aroop.tanna@sussexcricket.co.uk